

# VOICE OF THE VISION

## GUARDING *your heart*



### Proverbs 4:23 (NIV)

Above all else, guard your heart,  
for everything you do flows from it.

### Introduction

- How is your heart?  
- The human heart is mentioned over 800 times in the Bible. In the Scriptures, the heart refers most of the time not as a vital organ that is constantly beating and enables us to live, but the heart is seen as the center of emotions, feelings, moods, and passions.

The passage is telling us the facts about our hearts:

### 1. The heart of the matter is the matter of the heart.

a. What is hidden in the heart is open to God's eyes.

### 1 Samuel 16:7 (NKJV)

But the Lord said to Samuel, "Do not look at his appearance or at his physical stature, because I have refused him. For the Lord does not see as man sees; for man looks at the outward appearance, but the Lord looks at the heart."

b. Our heart and the capacity to choose are at the center of who we are.

c. The large tests and decisions you will face many times in life are dependent on your heart, and so are the small choices that you make hundreds of times a day.

### Jeremiah 17:9-10 (NKJV)

<sup>9</sup>"The heart is deceitful above all things, And desperately wicked; Who can know it? <sup>10</sup>I, the Lord, search the heart, I test the mind,

Even to give every man according to his ways, according to the fruit of his doings.

### Genesis 6:5-6 (NKJV)

<sup>5</sup>Then the Lord saw that the wickedness of man was great in the earth, and that every intent of the thoughts of his heart was only evil continually. <sup>6</sup>And the Lord was sorry that He had made man on the earth, and He was grieved in His heart.

### 2. The heart can be a source of good or evil.

a. You can keep your heart good, or you can let it become bad.

b. You can be diligent in a project, or you can be lazy.

c. God's children have an old man that tempts them to evil, but their new man calls them to godliness.

d. Your heart must decide between the two often. Every person makes a series of choices each day.

### Matthew 6:21 (NKJV)

For where your treasure is, there your heart will be also.

### Luke 6:45 (NKJV)

A good man out of the good treasure of his heart brings forth good; and an evil man out of the evil treasure of his heart brings forth evil. For out of the abundance of the heart his mouth speaks.

### 3. Whatever is in your heart comes out in your life.

a. If your heart is full of good things, your life will show that goodness. If your heart is full of sinful thoughts, your life will show them.

### Colossians 3:22-24 (NKJV)

<sup>22</sup>Bondservants, obey in all things your masters according to the flesh, not with eyeservice, as menpleasers, but in sincerity of heart, fearing God. <sup>23</sup>And whatever you do, do it heartily, as to the Lord and not to men, <sup>24</sup>knowing that from the Lord you will receive the reward of the inheritance; for you serve the Lord Christ.

b. Guard your heart because it shapes your thoughts and words.

### Matthew 15:18-19 (NKJV)

<sup>18</sup>But those things which proceed out of the mouth come from the heart, and they defile a man. <sup>19</sup>For out of the heart proceed evil thoughts, murders, adulteries, fornications, thefts, false witness, blasphemies.

c. The heart remembers the good things that God has done for you.

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**Rev. Morrell B. Estrellado**  
Associate Pastor





**D**riven by a God-given vision, United Christian Academy (UCA) is committed to molding its students toward academic and spiritual excellence for them to become useful citizens and good leaders of the society.

As the new school year sets out once again, the UCA Marketing Team led by Marketing Head Ms. Karen Mohammad visited Marcelo Green Elementary School, San Antonio National High School, and Parañaque National High School last July 10-14, Monday to Friday, to promote the services offered by UCA that will meet the

students' educational needs. In many years, UCA has built a strong academic foundation for students to acquire practical skills and wisdom, leading them to become future leaders and professionals.

As a gateway of evangelism, UCA expects to reach out more students not only to receive affordable, quality education but most importantly to plant a seed of faith in them that they may also know God in their lives. Through God's guidance and wisdom, the school believes that the Lord will lead students to this school that He has built, guiding students to a brighter future.



**Psalm 93:1  
(NKJV)**

The Lord reigns, He is clothed with majesty; The Lord is clothed, He has girded Himself with strength. Surely the world is established, so that it cannot be moved.





## Ensuring an **EXCITING AND COLORFUL** year

As UCA counts the days before the beginning of another school year, the UCA staff and volunteers work hand-in-hand in developing and beautifying the school facilities, including classrooms, walls, and even bathroom doors. Not only does this make the following areas cleaner and more appealing, but it can also make the students' school experience more exciting as they can catch the interest of students, especially the pupils from Kindergarten.

Volunteers repainted the bathroom doors, making it look clean and pleasant-looking for students and the visitors to use. The pre-school room is also painted colorfully with fun designs and vibrant colors.



Aside from this, there are more reasons to anticipate this school year as the school prepares on providing a wonderful experience here in UCA.

### MT. TABOR UPDATE

## PAGPAPABUTI SA ITINIWALA ng Panginoon



Sa kabila ng pabago-bagong panahon sa Mt. Tabor Church Re-Creation Center, patuloy pa rin ang mga boluntaryo ng panambahan na naghandog ng kanilang oras para sa pagtatayo ng panibagong simbahan ng United Christian Fellowship (UCF). Noong nakaraang linggo ay tinapos ang pag-asintada ng pader at pagkabit ng mga *truss* at *tubular steel* kaya't matapos nito ay sinunod naman ang pagkabit ng mga kable sa kisame ng panamabahan upang magsilbi itong daluyan ng kuryente bago ikabit ang ibang materyales na kakailanganin sa pagbuo ng bubong.



Limitado man ang naging galaw ng mga boluntaryo dahil sa malakas na pagbuhos ng ulan, ngunit hindi sila pinabayaang Panginoon bagkus sila ay patuloy na ginagabayan at pinoprotektahan.

<sup>9</sup>Therefore God also has highly exalted Him and given Him the name which is above every name, <sup>10</sup>that at the name of Jesus every knee should bow, of those in heaven, and of those on earth, and of those under the earth.

Philippians 2:9-10 (NKJV)



# Bible study

Ang Bible study ay linggu-linggo ng pinangungunahan ng mga lingkod ng Diyos na sina Rev. Morrell Estrellado, Rev. Fidel Dillo at Rev. Ricardo Jacob na tagapagpadala ng Mabuting Balita ng kaligtasan. Ang lahat ay inaanyayahan ding magpuri at magpasalamat sa Panginoon sa pamamagitan ng paghandog ng mga awitin sa Kaniya. Malugod ding nagbahagi ang bawat manggagawa ng kanilang mga patotoo ng kabutihan ng Diyos upang maging kalakasan sa mga bagong kaluluwang nakarinig ng Salita ng Diyos.



Ang presensya ng Panginoon ay naranasan ng mga nagsipagdalo at kanilang pinasalamatan at pinapurihan ang Diyos.



Masayang nangumusta ang mga manggagawa at nagbahagi ng kabutihan ng Diyos sa mga nagsipagdalo.



Ibinabahagi rin ng mga manggagawa ang pagmamahal ng Diyos na kanilang naranasan.



Ang mga bata ay masayang nakilahok sa mga aktibidad patungkol sa Salita ng Diyos.

Tulong-tulong ang mga manggagawa upang ang mga naliligaw na kaluluwa ay makakilala sa ating Panginoong Hesus.

<sup>32</sup>"He will be great, and will be called the Son of the Highest; and the Lord God will give Him the throne of His father David. <sup>33</sup>And He will reign over the house of Jacob forever, and of His kingdom there will be no end."

Luke 1:32-33  
(NKJV)



# House Visitation

Ang ilang miyembro ng panambahan ang nakilahok sa isinagawang *house visitation* sa mga tahanan sa paligid ng Mt. Tabor sa pangunguna ni Rev. Morrell Estrellado. Maliban sa pag-imbita sa mga pamilya na dumalo sa *Bible study* na ginaganap sa tuwing Martes, naging oportunidad din ito upang kumustahin ng mga manggagawa ang bawat pamilya at ibahagi ang kabutihan ng Panginoon at ang pagmamahal na Kaniyang ipinararanas sa mga mananampalataya. Isinama rin ng mga miyembro sa panalangin ang mga pamilya upang sila rin ay makatagpo ng labis na pagmamahal ng Ama.



Sila rin ay nagbigay ng flyer na may detalye ng Bible Study sa Mt. Tabor.



Hindi man naging maganda ang panahon ay hindi ito naging hadlang upang makapag-imbita ang kapatiran ng UCF sa gawain ng Panginoon na naglalayong sila ay makarinig at makaranas sa Kaniyang kabutihan at pag-ibig.

Kasama sa pagiging anak ng Diyos ang kagustuhan na ipalaganap ang Kaniyang Salita tulad ng nakasaad sa 2 Timoteo 4:2, "Ipangaral mo ang salita ng Diyos; pagsikapan mong gawin iyan napapanahon man o hindi. Himukin mo at pagsabihan ang mga tao, at palakasin ang kanilang loob sa pamamagitan ng matiyagang pagtuturo."

<sup>1</sup>The Lord reigns; Let the peoples tremble! He dwells between the cherubim; Let the earth be moved! <sup>2</sup>The Lord is great in Zion, And He is high above all the peoples. <sup>3</sup>Let them praise Your great and awesome name—He is holy.

Psalms 99:1-3 (NKJV)



## Guarding your...

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### Deuteronomy 4:9 (NKJV)

Only be on your guard and diligently watch yourselves, so that you do not forget the things your eyes have seen, and so that they do not slip from your heart as long as you live. Teach them to your children and grandchildren.

### Challenge

Guard your hearts always!

1. Let God, the Holy Spirit, search your heart always.
2. Let God cleanse and purify your heart always.
3. Keep yourselves in the love of God.

### Psalms 139:23-24 (NKJV)

<sup>23</sup>Search me, O God, and know my heart; Try me, and know my anxieties; <sup>24</sup>And see if there is any wicked way in me, And lead me in the way everlasting.

### Psalms 51:10 (NKJV)

Create in me a clean heart, O God, And renew a steadfast spirit within me.

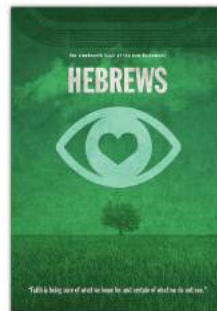
### Matthew 5:8 (NKJV)

Blessed are the pure in heart, For they shall see God.

### Jude 1:21 (NKJV)

Keep yourselves in the love of God, looking for the mercy of our Lord Jesus Christ unto eternal life.

## WHY READ THE BOOK OF HEBREWS?



The Book of Hebrews distinctly describes the current priestly service of Christ in the life of believers. Jesus, who is both the divine Son of God and the High Priest, prepares the way for people to pray to the Father in heaven (Hebrews 4:14-16). By sacrificing Himself as a blameless sacrifice on behalf of human sins, Jesus distinguished Himself from all other priests and established Himself as the permanent and perfect High Priest (7:24-26; 9:28).

The Book of Hebrews emphasizes that Jesus Christ is superior to every other person, cause, thing, or hope that people pledge loyalty to. The ancients carved idols out of stone and wood. However, only one Person deserves to be the center of our lives—Jesus Christ.

## SERMON NOTES

Write the points to remember from the sermon as you seek God in your life.

What is God's message for you through the sermon?

## PRAYER REQUESTS

### Philippians 4:6-7 (NKJV)

<sup>6</sup>Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; <sup>7</sup>and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

Kindly approach  
Sis. Sushmita Murillo or  
Sis. Karen Mohammad.

### SHARE HIS WORD



For UCF updates, prayer requests, testimonies, live broadcasts, and replay of church services and gatherings, follow us on our social media accounts.



### CONTACT US

UCF WORSHIP CENTER  
#17 Highlight St., Area 4,  
Fourth Estate Subd., Paranaque City

### WEEKLY SCHEDULE

#### SUNDAY WORSHIP SERVICE

Sundays at 9:00AM

#### MIDWEEK SERVICE

Thursdays at 7:00PM

#### DAILY PRAYER

at 6:00PM

#### BIBLE STUDY

Tuesdays at 7:00PM  
UCF Mt. Tabor Church

Scan these QR codes to watch the replays of the UCF Sunday Worship Services



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